



Sensual Intelligence: An Introduction to Your Body's Language (Paperback)

By Natalie Geld

Nautilus Press, United States, 2014. Paperback. Book Condition: New. 201 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.Are you aware of the language your body expresses, and how it affects your relationships and experience? How can you develop the INTIMACY you crave when you are dissociated from YOUR OWN BODY? When you touch behind your knee, or touch your belly - you touch your heart, and your entire life's experience. Your flesh and blood is your diary, recording emotional events on its cells. Your body talks in subtle and profound ways; often out of alignment with the words you speak. To be effective in your life, the quality of this communication matters! You are sensorial genius. Sensual Intelligence begins with conscious awareness of how your physiological systems process and store emotions and information. Benefit from innovative research and breakthroughs in consciousness science. Experience your body from within to heal pain, feel more pleasure and love, a fully embodied spiritual life, and greater joy, empathy and confidence. Don't wait for love. CREATE. Explore the skin you're in with an exquisite and UNIQUE HANDS-ON TOUR from head to toe. You'll think about...



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Reviews

Simply no words to spell out. It can be really fascinating through studying period of time. You will not really feel monotony at any moment of your own time (that's what catalogues are for concerning if you ask me).

-- Dr. Isabella Turner

This type of book is almost everything and helped me hunting forward and more. I was able to comprehend almost everything using this published e pdf. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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