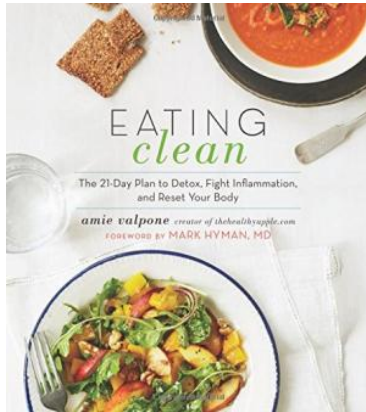


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EATING CLEAN



Houghton Mifflin Harcourt Publishing Company Mrz 2016, 2016. Taschenbuch. Book Condition: Neu. 228x202x32 mm. Neuware - In Eating Clean, Amie provides guidance on how to fight inflammation and reset your body, including a 21-Day Elimination Diet, a 2-week meal plan, and an extensive pantry list. The book has over 200 recipes that are vegetarian and free of gluten, dairy, soy, corn, eggs, and refined sugar to keep tummies healthy. 328 pp. Englisch.

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